



January 2018 PCA Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
1 CLOSED	2 Turkey Sandwich Cucumbers Fruit Cocktail	3 Spaghetti Green Beans Pears Garlic Bread	4 Chicken Noodle Soup Celery Strawberries	5 Chicken Nuggets Corn Apples Slices
8 Bean & Cheese Burrito Tomatoes Peaches	9 Baked Chicken Mixed Veggies Apricots	10 French Toast Sticks Yogurt Applesauce	11 Meat Loaf Mash Potatoes Mandarin Oranges	12 SB&J Sandwich Carrots Grapes
15 CLOSED	16 Baked Tilapia Broccoli Pineapple Roll	17 Hamburger French Fries Apple slices	18 French Dip Sandwich Salad Apricots	19 Field Trip SACK LUNCH
22 Cheese Quesada Pineapple Peas	23 Tuna Fish Sandwich Grapes Cucumbers	24 Bagel with Cream Cheese Ham Slices Broccoli	25 Tater tot Casserole Corn Applesauce	26 Chili Corn Bread Apple Slices Celery
29 Lasagna French Bread Caesar Salad Pears	30 Beef Tacos Lettuce Tomatoes Peaches	31 Stew Pears Rolls		

*Each lunch will have the following- meat or meat alternative, grain or bread, 1 vegetable and 1 fruit or 2 vegetables or 2 fruits, and milk..

*Water will be available at all times of the day.

Food Fun Facts:

*January 5: National [Whipped Cream](#) Day

* January 19: National [Popcorn](#) Day

* January 27: [Chocolate Cake](#) Day

